



MILITARY DIVISION, STATE OF IDAHO

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GOVERNOR**

**THE ADJUTANT GENERAL
GARY L. SAYLER**

NGID-TAG

1 December 2011

MEMORANDUM FOR All Members of the Idaho Military Division, Idaho National Guard,
Bureau of Homeland Security

SUBJECT: Holiday Party Guidelines (IDNG-2)

1. Offices or work groups desiring to have individual holiday events may do so over a one-hour lunch period or after duty hours. Alcohol will not be served if these events are during the lunch period or in the workplace. Everyone is encouraged to support the official holiday celebration as well as to celebrate with families included.

2. The driving under the influence (DUI) laws and legal decisions of the courts have changed the way we celebrate our holidays. Court cases have held that employer and employee groups are responsible for the actions of people leaving company parties under the influence of alcohol. In order to protect the Idaho National Guard, the following guidelines are set forth for the Christmas season parties.


a. Good judgment must be used when serving alcoholic beverages. More emphasis should be placed on friendship, food and soft drinks and less emphasis on alcohol. Decorations, snacks, potlucks, and dinner parties are encouraged.

b. Car pools should be encouraged and non-drinking drivers identified who can provide transportation for those who may drink more than the legal limit for driving.

3. Enclosed are two Alcohol Impairment Charts, one for men, one for women. With advanced planning and supervision we can all have a joyous and safe holiday season.

4. This policy letter supersedes all previously dated IDNG-2, Holiday Party Guidelines, and will not be incorporated into any other type publication, and will be updated as needed, by proper authority.

2 Enclosures
Alcohol Impairment Charts


GARY L. SAYLER
Major General
Commanding General, IDNG

DISTRIBUTION: Electronic

ALCOHOL IMPAIRMENT CHART

This chart is intended as a guide, not a guarantee. Alcohol affects individuals differently. Your blood alcohol level may be affected by your age, physical condition, amount of food consumed and any drugs or medication. In addition, different drinks contain different amounts of alcohol so it's important to know how much and the concentration of alcohol you consume. **Some mixed drinks contain several ounces of liquor and must be counted as more than 1 drink.**

Subtract .01% for each 40 minutes of drinking. One Drink = 1.25 ounces of 80 proof liquor; 5 ounces table wine; 12 ounce bottle of beer

MEN

**Approximate Blood Alcohol Percentage
Body Weight In Pounds**

Drinks In Body	100	120	140	160	180	200	220	240	Only Safe Driving Limit Impairment Begins
0	.00	.00	.00	.00	.00	.00	.00	.00	
1	.04	.03	.03	.02	.02	.02	.02	.02	
2	.08	.06	.05	.05	.04	.04	.03	.03	Driving Skills Significantly Affected
3	.11	.09	.08	.07	.06	.06	.05	.05	
4	.15	.12	.11	.09	.08	.08	.07	.06	
5	.19	.16	.13	.12	.11	.09	.09	.08	Possible Criminal Penalties
6	.23	.19	.16	.14	.13	.11	.10	.09	
7	.26	.22	.19	.16	.15	.13	.12	.11	Legally Intoxicated
8	.30	.25	.21	.19	.17	.15	.14	.13	
9	.34	.28	.24	.21	.19	.17	.15	.14	Criminal Penalties
10	.38	.31	.27	.23	.21	.19	.17	.16	

Many States have set .08 at the legal limit for Driving Under The Influence. For commercial drivers, a BAC of .04% can result in a DUI conviction nationwide.

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Subtract .01% for each 40 minutes of drinking. One Drink = 1.25 ounces of 80 proof liquor; 5 ounces table wine; 12 ounce bottle of beer

WOMEN Approximate Blood Alcohol Percentage Body Weight In Pounds

Drinks In Body	90	100	120	140	160	180	200	220	240	Only Safe Driving Limit Impairment Begins
0	.00	.00	.00	.00	.00	.00	.00	.00	.00	
1	.05	.05	.04	.03	.03	.03	.02	.02	.02	
2	.10	.09	.08	.07	.06	.05	.05	.04	.04	
3	.15	.14	.11	.10	.09	.08	.07	.06	.06	Significantly Affected
4	.20	.18	.15	.13	.11	.10	.09	.08	.08	Possible Criminal Penalties
5	.25	.23	.19	.16	.14	.13	.11	.10	.09	
6	.30	.27	.23	.19	.17	.15	.14	.12	.11	
7	.35	.32	.27	.23	.20	.18	.16	.14	.13	Legally Intoxicated
8	.40	.36	.30	.26	.23	.20	.18	.17	.15	Criminal Penalties
9	.45	.41	.34	.29	.26	.23	.20	.19	.17	
10	.51	.45	.38	.32	.28	.25	.23	.21	.19	

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