

Army Benefits Center-Civilian (ABC-C)







"Army's Benefits Counseling and Processing Service"

Benefits Election Guide

NEW!

Check out the ABC-C's New Employee Orientation Briefing!

View at: <https://www.abc.army.mil/NewEmployee/NewEmployeeOrientation.htm>

BENEFIT OPTIONS		ENROLLMENT	
		To make an election or change, visit or call:	
 <p>Thrift Savings Plan <i>(retirement savings and investment plan)</i></p>	<p>Enroll Anytime!</p>	<p>To begin, change or stop contributions:</p> <p>ABC-C https://www.abc.army.mil 1-877-276-9287</p>	<p>To make investment allocations, access your account, view rates of return, etc:</p> <p>Thrift Savings Plan www.tsp.gov 1-TSP-YOU-FRST (1-877-968-3778) TDD: 1-877-847-4385</p>
 <p>Federal Employees Health Benefits</p>	<p>60 days</p>	<p>ABC-C https://www.abc.army.mil 1-877-276-9287</p>	
 <p>Federal Employees Group Life Insurance</p>	<p>60 days</p>	<p>ABC-C https://www.abc.army.mil 1-877-276-9287</p>	
 <p>FSAFEDS</p>	<p>Flexible Spending Accounts <i>(pre-tax accounts for out-of-pocket health & dependent care expenses)</i></p>	<p>60 days</p>	<p>FSAFEDS www.fsafeds.com or 1-877-FSAFEDS or (1-877-372-3337)</p>
 <p>Federal Employees Dental and Vision Insurance Program <i>(supplemental dental/vision insurance)</i></p>	<p>60 days</p>	<p>BENEFEDS www.BENEFEDS.com 1-877-888-FEDS or 1-877-888-3337 TTY 1-877-889-5680</p>	
 <p>Federal Long Term Care Insurance Program <i>(for assisted living expenses)</i></p>	<p>60 days</p>	<p>FLTCIP www.ltcfeds.com 1-800-LTC-FEDS (1-800-582-3337) TTY: 1-800-843-3557</p>	

NOTE: Enrollment changes generally require permissible events after the initial new hire enrollment period. For more information on benefits, also visit <http://www.opm.gov/insure>.

*Special rules apply for those hired later in the year - see <https://www.fsafeds.com/fsafeds/SummaryOfBenefits.asp#EnrollNew>.

**Eligible individuals can apply at anytime subject to full underwriting.